

**Ref. TSMC/2026/07/06/NMHC-2****Date: 06/07/2026****OFFICE ORDER****Reconstitution of Nasha Mukht Hostel Committee**

In supersession of all previous Office Orders issued in this regard and in compliance with the directives of the **Department of Social Justice & Empowerment, Government of India**, the **National Medical Commission (NMC)** and the objectives of the **Nasha Mukht Bharat Abhiyan (Drug-Free India Campaign)**, the **Nasha Mukht Hostel Committee** of Tripura Santiniketan Medical College & Hospital is hereby reconstituted with immediate effect.

The Committee shall function to promote a drug-free, tobacco-free and alcohol-free hostel environment through awareness generation, counselling, preventive surveillance, early identification, rehabilitation support and effective implementation of the objectives of the Nasha Mukht Bharat Abhiyan within the institution.

Sl.	Name	Designation	Role
1	Prof. (Dr.) Ranjit Kumar Das	Principal	Chairperson
2	Prof. (Dr.) Asim De	Medical Superintendent & Vice Principal	Co-Chairperson
3	Prof. (Dr.) Sajal Kumar Gupta	Prof. & HoD, Psychiatry	Member Secretary
4	Prof. (Dr.) Tanuja Bhattacharya	Prof. & HoD, Microbiology	Member
5	Prof. (Dr.) Akhtaruzzaman	Prof. & HoD, Anatomy	Member
6	Dr. Tamal Chakraborty	Asso. Prof., Community Medicine	Member
7	Dr. Prabal Das	Assist. Prof., Forensic Medicine & Toxicology & Boys' Hostel Warden	Member
8	Dr. Dipak Kumar Dhar	Asso. Prof., Physiology	Member
9	Mrs. Chandramika Deb	Clinical Psychologist	Coordinator
10	Dr. Debjani Das	Assist. Prof., Microbiology & Girls' Hostel Warden	Member
11	Mr. Devanand Priyadarshi	HR Head	Member
12	Mr. Ranjan Dutta	Security In-Charge	Member
13	Mr. Saubhagya Sharma	MBBS Student (2024–25 Batch)	Student Representative
14	Ms. Himani Himangsu Das	MBBS Student (2024–25 Batch)	Student Representative
15	Ms. Pritismिता Bora	MBBS Student (2025–26 Batch)	Student Representative
16	Mr. Mridul Purkait	MBBS Student (2025–26 Batch)	Student Representative

Functions & Responsibilities

The Committee shall:

1. Create awareness among students, faculty, staff and hostel residents regarding the harmful effects of alcohol, tobacco, narcotic drugs, psychotropic substances and other addictive behaviours.
2. Organize seminars, workshops, awareness campaigns, pledge programmes, exhibitions and outreach activities under the **Nasha Mukht Bharat Abhiyan**.
3. Ensure regular monitoring of Boys' and Girls' Hostels to prevent substance abuse and maintain a safe, healthy and disciplined residential environment.
4. Facilitate confidential counselling, psychological support, early identification and timely referral of students requiring professional intervention.
5. Coordinate with the Departments of Psychiatry, Community Medicine, Hostel Wardens, Security Section and other concerned authorities for effective implementation of preventive measures.
6. Encourage voluntary reporting of substance abuse-related issues and facilitate counselling and rehabilitation support while maintaining confidentiality and dignity of the students.
7. Prepare and implement an Annual Action Plan for awareness, surveillance, counselling and preventive activities in accordance with the objectives of the Nasha Mukht Bharat Abhiyan.
8. Maintain proper records of meetings, awareness programmes, inspections, counselling sessions and follow-up actions.

9. Review the implementation of committee decisions periodically and submit Minutes of Meetings, Action Taken Reports and other reports to the competent authorities as and when required.
10. Recommend suitable measures to the Principal for strengthening a healthy, safe, disciplined and substance-free campus and hostel environment.

The Committee shall meet at regular intervals and as and when required to review the implementation of the Nasha Mukta Bharat Abhiyan and the progress of activities undertaken by the institution. All Departments, Hostel Authorities, Security Personnel, Faculty Members, Staff and Students shall extend full cooperation to the Committee for the effective discharge of its responsibilities.

This Office Order shall come into force with immediate effect and shall remain valid until further orders.

Copy to:

1. President
2. MSVP, TSMC&H
3. All Dept HoDs
4. All Committee Members
5. Office Copy



Sd/-

Prof. (Dr.) Ranjit Kumar Das
Principal, TSMC&H

PRINCIPAL

TRIPURA SANTINIKETAN MEDICAL COLLEGE & HOSPITAL